My Nature Challenge Journal

How it works: Watch the video challenge of the day! Print this sheet (or create your own journal) to keep track of your results. Go out in your backyard and see if you can find the challenge of the day. Draw or write about it in your results journal! You can also take photos of what you find and create a photo collage of your results. Record what you see, hear, smell, feel, and wonder about as you spend time outside completing the challenge, too. HAVE FUN!

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What do I see?

What do I hear?

What do I smell?

What do I feel? How do I feel?

What do I wonder about? What are my questions?